

## School Wellness Committee – Agenda

---

Location: Crookston High School Conference Room

Date: Monday, December 2nd, 2024

Time: 1:00 pm - 2:00 pm

Members in attendance: Stacey Grunewald, Linda Morgan, Megan Hruby, Emily Scheresky

---

### Agenda Items

1. Welcome/Introductions
2. Old Business
  - a. Antbullying
    - i. Sent out Zyn information to CHS staff
  - b. Farm to School
    - i. Have created flyers to post when we use farm to school products, have posted for tomatoes, cucumbers, onions, etc.
3. New Business
  - a. Social Media Use
    - i. Pockets in high school classrooms for phones during the class.
  - b. Vaping prevention
    - i. Need to discuss with PCPH
  - c. Sleep
    - i. Need to discuss with PCPH
  - d. Energy drinks
    - i. Need to discuss with PCPH
4. Other/Member Updates
  - i. none
5. Follow-up/Action Steps by next meeting
  - a. Next Meeting
    - i. February 2025